



## find your quintesence

Explore how to integrate your spiritual being into your daily life. Connect with the four elements and reclaim your divine feminine and your divine masculine in your daily life.





## What's included:

Daily yoga and meditation sessions Five Tibetan Rites Bio-feedback sessions **Breakout Sessions** 

Intensive personal work, set in the backdrop of lush nature

## Coaches:









Eva

Fabrice

**Ivette** 

Pedro

Information and booking at www.seenergy.world Questions? Email: info.holisticahc@gmail.com or natalija@evadalak.me