



In a safe and loving space,
you will be guided to a
wellspring of inner
knowledge.

NO EXCUSES!

Radical transformation program takes place entirely online and coaching sessions are scheduled to suit your work and personal schedule.

INTERESTED?

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RADICAL TRANSFORMATION PROGRAM



Designed for individuals ready to
radically transform their lives

ABOUT

Radical Transformation Coaching is a specific coaching program designed for individuals ready to radically transform their life and fly to their highest potential with no excuses.

My approach combines intuition and analytical skills. I offer guidance on surpassing blocks and gaining greater clarity and inner peace while providing strategic coaching that allows clients to establish a sustainable and self-reliant practice for themselves.

The Program is comprised of nine coaching sessions, taken once a week on a weekday and time slot that best suits both our schedules. Sessions last between 60 and 90 minutes, allowing us to open and close with ease and grace and no pressure of time.

The entire program takes place online via internet video meeting application Zoom (www.zoom.us). Before each session I send out an invite and all you need to do is to click on the link in your email to meet me in a private meeting room online.

For us to be in our full
potential, we need to be
engaged on all four levels
of being: physical,
emotional, mental and
spiritual.



PROGRAM

We begin by defining the parameters for your customized program based on the GROW Model:

- Goal you are looking to achieve.
- Reality as it is in the present.
- Obstacles preventing you from realizing your heart's desire.
- Will that needs to be at your service and focused so you are not in competing intentions.

I offer you guidance and support so you may attain greater inner peace and be fully engaged in your life purpose. The coaching process will enable you to establish a sustainable and self-reliant practice for yourself at all levels (emotional, mental, spiritual and physical). Ultimately, this process will empower you to connect to your inner joy and be passionate about your life projects.

At the end of the program, you will come away with practical tools that you will be able to apply daily in your professional and personal life.