



FLY  
HIGH  
AGAIN

with

Eva Dalak & Ivette Ramirez

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Aguas Claras ↘ Costa Rica



# find your quintessence

Explore how to integrate your spiritual being into your daily life. Connect with the four elements and reclaim your divine feminine and your divine masculine in your daily life.



## What's included:

- Daily yoga and meditation sessions
- Five Tibetan Rites
- Bio-feedback sessions
- Breakout Sessions
- Intensive personal work, set in the backdrop of lush nature

## Coaches:



Eva



Fabrice



Ivette



Pedro

Information and booking at [www.seenergy.world](http://www.seenergy.world)  
Questions? Email: [info.holisticahc@gmail.com](mailto:info.holisticahc@gmail.com) or [natalija@evadalak.me](mailto:natalija@evadalak.me)